

AVOCADO TOAST

dark rye loaf toast/ seasoned local avocado / goat cheese / tomato cherry

SALMON TOAST

dark rye loaf toast/ norwegian smoked salmon/ passionfruit dressing/ smashed onion dip/ red onion.

FROM THE WOODS TOAST

brioche toast / goat cheese mousse / melipona honey / wild berries / fresh basil / almonds

YUCA TOAST

dark rye loaf toast/ scrambled eggs/ mascarpone/ black chorizo

CHIILAQUILES ANTELAR

tortilla chips/ pumpking flower and habanero sauce/ longaniza from valladolid/ ball cheese

CHIILAQUILES YUCATAN

tortilla chips/ tomato & xcatic sauce/ ranch sour cream/ cotija cheese/ castacan.

WARM EGGS

organic warm eggs/ brioche/ french butter /prosciutto

SMOOTHIE BOWL

wild berries / greek yogurt / meliponan honey/ coconut fleeks / chia / almonds

CHIA PUDIN

almond milk base / coconut sugar / organic chia seeds / melipona honey bee / wild berries

OATMEAL HOTCAKES

oatmeal base / organic eggs / vainilla / cinnamon

MAYAN OMELETTE

organic eggs / mayan leaves / cheese / cherry tomatoes / sparragus / refried beans / basil

FROM THE FARM TACOS

hand-made tortillas/ arrachera / tanned white cabbage / guacamole / macha sauce / radish / coriander

FROM THE SEA TACOS

hand-made tortillas / tempura fish / tanned red cabbage / guacamole / macha sauce / coriander

TRADITIONAL GUACAMOLE

Local avocados / tomatoes / coriander/ onions / jalapeño chili / lemon juice

CHICKEN BURRITO

Wheat tortilla / beans / cheese / lettuce / shredded chicken / color peperbells / guacamole / pico de gallo

GRILLED ARRACHIERA

Arrachera on grill / rice / saulted veggies / chimichurri

HIIBISCUS ENCIILADAS

tortilla filled with hibiscus, mushrooms & carrot / local lettuce leaves / pumpking & sunflower seeds

CHIEESY MOLLETES

bio-wholemeal bread / butter / refried beans / emmental gratin cheese

BETWEEN THE SANDWICH

bio wholemeal bread / baby spinach / sprouts / mozzarella fresh cheese / sesame dassing / butter / avocado / prosciutto

FRENCH FRIES

French fries / parmesan cheese / parsley

Vitality Drinks



GREEN TREE

Green juice made of mayan leaf, celery, orange juice, grapefruit juice, cucumber and a touch of honey bee

ANTIOX POWER

Juice made of carrot, cucumber, apple, ginger and lemon

FLORAL FRESH

Hibiscus drink with ginger, honey bee and peppermint

ROSEMARY ELIXIR

Watermelon lemonade with natural Rosemary essence and watermelon cubes

FRESH JUICE

Orange or grapefruit

MAGIC COFFEE

Just regular coffee, you put the magic

HERBAL TEA

Ask for the infusion of the day

mug teapot